

Safety Alert

To: All EGT Apprentices & Hosts

From: Paul Laycock, OSH Advisor

CC: Field Officers

Date 10/11/2009

Re: Fatigue Management

SA17

With the onset of the festive season and the inevitable rush to have projects completed before the Christmas break. Apprentices need to be aware of the impact of working long hours and or parting on into the early hours before work.

Attached is a *Fatigue Management Guideline* for your information. Its aim is to bring to your attention to the dangers caused by lack of sleep over an extended period and the possibility of work related injury due to lack of concentration or impaired judgment. Also be aware of the danger associated with fatigue whilst driving to and from work.

As with all hazards in the work place the risk must be assessed and preventative measures put in place to reduce the likely hood of injury or damage to yourself or others.

The trouble associated with Fatigue is that it is hard for someone else to detect the early signs and symptoms until it is too late. It is up to you be aware of your own performance and be mind full of your predisposing factors.

As with any work related safety issues you must report your concerns to your supervising electrical worker. Your field officer can be contacted or alternatively you can call the office on 1300 NECA or 92404877 for advice or assistance.
